

## **General Rules for the Frank H. Bulle (FHB) Life Enrichment Center**

All participants must sign in at the Control Center when using the gym, racquetball court, walking track, the fitness center or the game room.

Children sixth grade and under must be accompanied by an adult (21 years or older), or if prior arrangements are made, they may enter with a responsible youth.

All guests using the facility must sign in. Non-members are considered guests and must be with a member or at a member's function.

The walking track is for walking and jogging only. Children under 12 are only allowed on the walking track when walking with a parent.

No one under 14 is allowed in the Weight Room. Those who are 14 to 16 must be accompanied by an adult (21 years or older) while using the Weight Room.

Hard-soled shoes are not permitted for gym activities when soft-soled shoes would be appropriate.

These items are not allowed in or on the property of the LEC: tobacco in any form, anything that might be considered a weapon, any alcoholic beverage, controlled substances, pets, noise makers, or anything that would detract from the Christian atmosphere.